Planning a trip through snow and ice?

During winter months, keep abreast of weather reports in your area. If snow or ice is predicted, make plans to leave early or arrive later. If you can move a night trip to daylight hours, do so. Not only is visibility better, but if your vehicle is stalled, you are more likely to receive prompt assistance during the daytime. The following checklist can assist you with preparing your vehicle for winter driving.

- Before leaving, scrape the ice and snow from every window, exterior rear view mirrors, headlights and brake lights.
- Check windshield wiper blades to make sure they work properly.
- Have your anti-freeze/coolant tested to provide the correct level of protection required.
- Make sure your tires are properly inflated.
- Make sure you have a jack, lug wrench and an inflated spare tire in good condition.
- Keep your gas tank at least half-full.
- In rear-wheel drive vehicles, secured extra weight in the trunk may be helpful.
- Before you shift into gear, plan the best route to your destination, avoiding hills, congestion areas and bridges.
- Drive slowly and be alert to the actions of the other drivers. Anticipate cars coming from side streets.
- Keep a light touch on the controls. When driving in snow and ice, smoothness is the key. Sudden moves will almost certainly result in loss of traction on slippery roads.
- Put extra distance between your vehicle and the one in front of you.
- Always drive with your lights on.
- At night, in fog and heavy snow conditions, low beams may be more effective than high beams.
- Keep a light touch on the brakes. Even with anti-lock braking systems (sometimes called ABS), apply light pressure to avoid locking the brakes and causing a skid. Without ABS, pumping the brake pedal should be a smooth action, going from light to firm. Brake early, brake slowly, brake smoothly.
- Keep both hands on the wheel and keep the wheel pointed where you want your car to go.
- Take small steps to keep your center of balance under you.
- travel along its grassy edge for traction.
- Wearing gloves keeps both hands free for balance, rather than in your pockets.
- Plan ahead; give yourself sufficient time and plan your route.
- Wear shoes or boots that provide traction on snow and ice: rubber and neoprene composite. Avoid plastic and leather soles.
- Keep your eyes on where you are going.
- Look ahead when you walk; a sidewalk completely covered with ice may require travel along its grassy edge for traction.
- Take small steps to keep your center of balance under you.
- Walk in designated walkways as much as possible. Taking shortcuts over snow piles and areas where snow and ice removal is not feasible can be hazardous.
- Test potentially slick areas by tapping your foot on them.
- Use special care when entering and exiting vehicles; use the vehicle for support.

*Last but not least: Let someone know where you are going and when you plan to arrive.*

Safe Winter Walking Tips

- Plan ahead; give yourself sufficient time and plan your route.
- Wear shoes or boots that provide traction on snow and ice: rubber and neoprene composite. Avoid plastic and leather soles.
- Wearing gloves keeps both hands free for balance, rather than in your pockets.
- Keep your eyes on where you are going.
- Look ahead when you walk; a sidewalk completely covered with ice may require travel along its grassy edge for traction.
- Take small steps to keep your center of balance under you.
- Walk in designated walkways as much as possible. Taking shortcuts over snow piles and areas where snow and ice removal is not feasible can be hazardous.
- Test potentially slick areas by tapping your foot on them.
- Use special care when entering and exiting vehicles; use the vehicle for support.

Did You Know?

- Report ice/snow removal concerns to Maintenance x1120.

Upcoming Safety Classes

1-21-2010
Hazard Communication, Confined Space, Hot Operations, Lockout/Tagout 9:00am - 2:30pm FL2 1003

1-27-2010
Hazard Communication, Confined Space, Lockout/Tagout 9:00am - 2:30pm RAP Conf Rm

1-28-2010
Fire Extinguisher 10:00am - 12:00pm FL2 1002
CPR Recertification 1:00pm - 5:00pm FL2 1002

3-4-2010
Workplace Harassment Awareness 1:30pm - 3:30pm FL2 1001

03-09-2010
Back Safety 1:30pm - 3:30pm ML Chapman Room

Hazard Communication, Confined Space, Lockout/Tagout 9:00am - 2:30pm RAP Conf Rm

4-8-2010
Safety Training for Supervisors of Lab/Shop/ Maintenance Employees 1:30pm - 3:30pm ML Chapman Rm

4-22-2010
CPR Certification (MERT/Field Campaign Staff Only) 10:00am - 5:00pm ML Chapman Rm

Register @:
HR website: www.fin.ucar.edu/hr/staff_dev/index.html or by calling Betty Singleton x2005.

Consider keeping your vehicle stocked with the following simple emergency items.

- Snacks
- Water
- Flares or orange safety cones
- Flashlight
- Tow rope
- Blanket and/or extra clothes
- Candle with matches
- A small shovel
- Long jumper cable
- Windshield scraping device
- Bag of sand or cat litter for traction
- C. B. radio, cellular phone or ham radio

Safety Committee:

ACD/ESSL Denise Montzka x1868
CISL/IMAGE Joan Fisher x1207
F&A Matt Pinter x2522
MME/COMET Charlie Knight x8940
SaSS Steve Sadler x8550
SaSS Anna Vasilyeva x2409

UCP /FL4 Tim Gendorf x2659
DIR/Library/ASP Cindy Worster x1101
HAO/ESSL Don Kolinski x1548
PPS Dave Maddy x1134
SuSS Milenda Powers x8625
SuSS Security x1139

EOL/TIMES Brad Lindseth x8742
E&O Natalie Culkin x2585
HR Cyd Perrone x8710
RAL Inger Gallo x8403
SuSS Elizabeth Kriete x8556

CGD/ESSL Adam Phillips x1726
F&A Kelly Box x8558
RAF/E&O Bob Olson x1071
RAL Diane Simmons x2136
SuSS Bob Wiley x8554

Links and Emergency Numbers:

Safety and Security Hotline x1100
Security x1139
Track emergencies online @ https://wiki.ucar.edu/display/incident/Home
Emergency x911

Comments, questions, suggestions may be directed to Bob Wiley @ x8554 or rwiley@ucar.edu